

Standalone 10k - 2 October 2011

Posn	EntrantN	FirstName	LastName	TeamName	Cat	Gender	FinishTime
1	1063	Neilson	Hall	Bedford & County Athletic Club	Senior Men	Male	00:30:48
4	1169	Nick	Beresford	North Herts Road Runners	Senior Men	Male	00:34:02
5	1268	Hannah	Walker	Birchfield Harriers	Senior Ladies	Female	00:34:29
6	984	Thomas	Crouch	St Albans Striders	Senior Men	Male	00:35:14
7	757	Chris	Hilton	Stevenage & North Herts AC	Junior Men (U20)	Male	00:35:30
8	784	Andy	Mutton	North Herts Road Runners	Senior Men	Male	00:35:41
9	1261	Oliver	Saville	North Herts Road Runners	Senior Men	Male	00:35:44
10	829	Steve	Mckeown	North Herts Road Runners	Vet Men 40-49	Male	00:35:47
12	146	Simon	Jackson	Freedom Tri	Senior Men	Male	00:36:05
13	203	Jeremy	Weightman		Vet Men 40-49	Male	00:36:31
14	807	Robert	Harris	North Herts Road Runners	Senior Men	Male	00:36:38
15	536	Richard	Bevan	Biggleswade AC	Senior Men	Male	00:36:39
17	861	Daniel	Poulton	Stevenage & North Herts AC	Senior Men	Male	00:36:48
19	309	Neil	Hume	Garden City Runners	Senior Men	Male	00:36:56
21	1267	Mark	Harris	Team Trisports	Senior Men	Male	00:37:02
23	163	Dave	Desborough	Garden City Runners	Vet Men 50-59	Male	00:37:17
24	1122	Costa	Michael	Barnet & District AC	Vet Men 40-49	Male	00:37:25
25	762	Lizzy	Hall	North Herts Road Runners	Senior Ladies	Female	00:37:28
29	882	Peter	Sibbett	North Herts Road Runners	Vet Men 40-49	Male	00:38:01
30	905	Gary	Warren	St Albans Striders	Vet Men 40-49	Male	00:38:04
33	1078	Sally	Onn	St Albans Striders	Senior Ladies	Female	00:38:21
36	635	Adam	Searle	Stevenage & North Herts AC	Senior Men	Male	00:38:32
37	898	Chris	Westcott	Fairlands Valley Spartans	Senior Men	Male	00:38:35
38	982	Colin	Braybrook	St Albans Striders	Vet Men 50-59	Male	00:38:39
39	979	Jo	Kent	Barnet & District AC	Vet Ladies 35-44	Female	00:38:50
41	924	Rebecca	Newstead	North Herts Road Runners	Senior Ladies	Female	00:39:00
43	770	Sean	Bowen	Garden City Runners	Vet Men 40-49	Male	00:39:07
45	1277	James	Bedford	Team Trisports	Vet Men 40-49	Male	00:39:18
49	338	Neville	Porteous	Garden City Runners	Vet Men 40-49	Male	00:39:27
52	922	Liam	Herbert	Fairlands Valley Spartans	Senior Men	Male	00:39:44
54	383	John	Mcburney	Stotfold Runners	Senior Men	Male	00:39:53
55	962	Gary	Cook	North Herts Road Runners	Senior Men	Male	00:39:54
58	823	Brian	White	Team Trisports	Vet Men 50-59	Male	00:39:57
59	1264	Astrid	Mckeown	North Herts Road Runners	Vet Ladies 35-44	Female	00:40:04
62	740	Chris	Mottram	Broxbourne Runners	Senior Men	Male	00:40:20
63	304	Karen	Murphy	Barnet & District AC	Vet Ladies 35-44	Female	00:40:22
65	923	Todd	Gray	Fairlands Valley Spartans	Senior Men	Male	00:40:39
66	265	Jeremy	Rackham	Stevenage & North Herts AC	Vet Men 40-49	Male	00:40:43
67	868	Natasha	Pitman	North Herts Road Runners	Vet Ladies 35-44	Female	00:40:54
74	749	Jo	Laing	Fairlands Valley Spartans	Vet Ladies 35-44	Female	00:41:31
78	879	Danny	Digweed	St Albans Striders	Senior Men	Male	00:41:48
80	337	Caroline	Hale	Garden City Runners	Vet Ladies 35-44	Female	00:41:55
87	1249	Nicola	Froud	Barnet & District AC	Vet Ladies 45-54	Female	00:42:15
91	1236	Joseph	Dunn	St Albans Striders	Senior Men	Male	00:42:33
93	1095	Graham	Blackburn	Fairlands Valley Spartans	Vet Men 40-49	Male	00:42:35
94	884	Chris	Williams	Ware Joggers	Senior Men	Male	00:42:36
96	535	Richard	Bloom	Herts Phoenix AC	Vet Men 60-69	Male	00:42:38
99	675	David	Edwards	Garden City Runners	Vet Men 50-59	Male	00:42:58
103	79	Graeme	Armstrong	Broxbourne Runners	Vet Men 40-49	Male	00:43:04
110	1017	Peter	Smith	Fairlands Valley Spartans	Vet Men 40-49	Male	00:43:23
115	671	Chris	King		Vet Ladies 45-54	Female	00:43:30
121	575	Peter	Breslin	Stopsley Striders	Vet Men 40-49	Male	00:43:42

123	1114	Wilf	Hewitt	North Herts Road Runners	Vet Men 40-49	Male	00:43:45
128	676	Kerry	James	Fairlands Valley Spartans	Vet Ladies 35-44	Female	00:43:56
132	950	Andrew	Salisbury	Herts Phoenix AC	Vet Men 50-59	Male	00:44:05
150	1126	Pete	Eames	Stevenage & North Herts AC	Vet Men 50-59	Male	00:44:50
165	204	John	Winter	Hitchin Running Club	Vet Men 40-49	Male	00:45:39
167	433	Steve	Elder	Fairlands Valley Spartans	Vet Men 50-59	Male	00:45:41
171	131	Lee	Radley	Barnet & District AC	Vet Men 40-49	Male	00:45:49
183	904	Claire	Pullen	Fairlands Valley Spartans	Vet Ladies 45-54	Female	00:46:24
185	1020	Andrew	Harper	Vegetarian Cycling & AC	Vet Men 40-49	Male	00:46:29
188	1032	Andy	Russell	Team Trisports	Junior Men (U20)	Male	00:46:30
191	61	Michael	Farrington		Senior Men	Male	00:46:37
203	894	Nikki	Andrews	Fairlands Valley Spartans	Senior Ladies	Female	00:46:55
217	317	Kevin	Smyth	Fairlands Valley Spartans	Vet Men 50-59	Male	00:47:16
223	892	Michael	Connell	Fairlands Valley Spartans	Vet Men 50-59	Male	00:47:25
224	914	Trevor	Setterfield	Fairlands Valley Spartans	Vet Men 40-49	Male	00:47:26
228	459	Paul	Pickard	Fairlands Valley Spartans	Vet Men 40-49	Male	00:47:36
230	1074	Heather	Dawson	Barnet & District AC	Vet Ladies 35-44	Female	00:47:46
240	915	Steven	Dobner	Fairlands Valley Spartans	Senior Men	Male	00:48:00
254	1285	Joe	Gomes	Barnet & District AC	Vet Ladies 45-54	Female	00:48:16
260	1045	Roger	Murray	St Albans Striders	Vet Men 60-69	Male	00:48:21
264	844	Andrew	Macfarlane		Vet Men 40-49	Male	00:48:25
265	896	Mark	Goodwin	Fairlands Valley Spartans	Vet Men 50-59	Male	00:48:27
266	987	Linda	Powell	St Albans Striders	Vet Ladies 45-54	Female	00:48:28
270	639	Jennie	Cox		Vet Ladies 35-44	Female	00:48:35
279	1123	Pauline	Michael	Barnet & District AC	Vet Ladies 45-54	Female	00:48:51
281	621	Alan	Skewis		Vet Men 40-49	Male	00:48:56
294	1199	Rick	Hole	Garden City Runners	Vet Men 50-59	Male	00:49:23
296	939	Wayne	Aylott	Garden City Runners	Vet Men 40-49	Male	00:49:32
298	895	Darren	Wilby	Fairlands Valley Spartans	Senior Men	Male	00:49:33
308	920	Gary	Dempsey	Fairlands Valley Spartans	Vet Men 50-59	Male	00:49:47
369	1030	Chris	Mcque	Freedom Tri	Vet Men 50-59	Male	00:51:13
424	873	Sarah	Pike	Stevenage & North Herts AC	Junior Ladies (U20)	Female	00:52:44
427	1202	Peter	Westlake	Garden City Runners	Vet Men 70+	Male	00:52:48
432	562	Robert	Martin		Vet Men 40-49	Male	00:52:52
442	818	Kimberley	Mangelshot	Ware Joggers	Vet Ladies 35-44	Female	00:53:08
444	664	Claire	Sharp	St Albans Striders	Vet Ladies 45-54	Female	00:53:09
448	919	Steve	Block	Fairlands Valley Spartans	Vet Men 40-49	Male	00:53:25
455	174	Hazel	Clark	Ware Joggers	Senior Ladies	Female	00:53:33
456	1175	John	Dorn		Vet Men 40-49	Male	00:53:33
482	1128	Rob	Prater	Barnet & District AC	Senior Men	Male	00:54:11
505	22	Richard	Whiting	Herts Phoenix AC	Vet Men 60-69	Male	00:54:45
514	921	Mark	Cheadle	Fairlands Valley Spartans	Senior Men	Male	00:54:59
533	329	David	Brown	Garden City Runners	Vet Men 60-69	Male	00:55:28
546	603	Steve	Toy	Challenge Central	Senior Men	Male	00:55:40
573	129	Elizabeth	Sarno	Hitchin Running Club	Vet Ladies 45-54	Female	00:56:12
598	871	Sharon	Crowley	Fairlands Valley Spartans	Vet Ladies 45-54	Female	00:57:01
601	880	Clare	Boutle	Barnet & District AC	Vet Ladies 35-44	Female	00:57:08
637	80	Nicola	Stewart	Garden City Runners	Senior Ladies	Female	00:57:57
643	666	Nick	Westgate		Vet Men 40-49	Male	00:58:07
650	288	Angus	Kindley	Herts Phoenix AC	Vet Men 70+	Male	00:58:13
674	899	Nick	Witcombe	Fairlands Valley Spartans	Vet Men 40-49	Male	00:58:46
676	918	Karen	Liddle	Fairlands Valley Spartans	Vet Ladies 45-54	Female	00:58:46
711	678	Maria	Thorne	Fairlands Valley Spartans	Vet Ladies 35-44	Female	00:59:46
742	321	John	Butcher	Ware Joggers	Vet Men 70+	Male	01:00:33
750	1068	Paul	Holgate	Fairlands Valley Spartans	Vet Men 50-59	Male	01:00:51
771	446	Lynette	Stewart	Garden City Runners	Vet Ladies 55-64	Female	01:01:22

776	916 Sarah	Hukin	Fairlands Valley Spartans	Vet Ladies 35-44	Female	01:01:45
797	902 Anne Marie	Neatham	Fairlands Valley Spartans	Vet Ladies 45-54	Female	01:02:22
823	900 Iris	Hornsey	Fairlands Valley Spartans	Vet Ladies 65+	Female	01:03:27
832	1140 John	Nugent	Broxbourne Runners	Vet Men 60-69	Male	01:03:42
848	792 Alison	Suckling	Fairlands Valley Spartans	Vet Ladies 45-54	Female	01:04:17
859	988 Lina	Porecha	Fairlands Valley Spartans	Vet Ladies 45-54	Female	01:05:24
863	1185 Daniel	Disc Davies		Senior Men	Male	01:05:33
864	1181 Mustafa	Jannaty		Senior Men	Male	01:05:34
895	912 Kerry	Setterfield	Fairlands Valley Spartans	Vet Ladies 35-44	Female	01:07:23
903	27 Ron	Cohen	Fairlands Valley Spartans	Vet Men 70+	Male	01:07:48
954	1131 Chris	Leigh	Fairlands Valley Spartans	Vet Men 40-49	Male	01:10:17
961	669 John	Atkinson	APRIL COTTAGE CODGERS	Vet Men 60-69	Male	01:10:55
989	1219 Alice	Gray		Senior Ladies	Female	01:12:58
990	283 Will	Morris	Barnet & District AC	Senior Men	Male	01:12:58
1006	264 John	Heywood	Ware Joggers	Vet Men 70+	Male	01:14:14
1046	1291 Claire	Chapman		Junior Ladies (U20)	Female	01:20:29

TEAMS

MEN

4	1169 Nick	Beresford	North Herts Road Runners	00:34:02
8	784 Andy	Mutton	North Herts Road Runners	00:35:41
9	1261 Oliver	Saville	North Herts Road Runners	00:35:44
10	829 Steve	Mckeown	North Herts Road Runners	00:35:47

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7	757 Chris	Hilton	Stevenage & North Herts AC	00:35:30
17	861 Daniel	Poulton	Stevenage & North Herts AC	00:36:48
36	635 Adam	Searle	Stevenage & North Herts AC	00:38:32
66	265 Jeremy	Rackham	Stevenage & North Herts AC	00:40:43

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19	309 Neil	Hume	Garden City Runners	00:36:56
23	163 Dave	Desborough	Garden City Runners	00:37:17
42	910 Jaime	Reed	Garden City Runners	00:39:01
43	770 Sean	Bowen	Garden City Runners	00:39:07

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WOMEN

2	762 Lizzy	Hall	North Herts Road Runners	00:37:28
5	924 Rebecca	Newstead	North Herts Road Runners	00:39:00
7	1264 Astrid	Mckeown	North Herts Road Runners	00:40:04
9	868 Natasha	Pitman	North Herts Road Runners	00:40:54

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4	979 Jo	Kent	Barnet & District AC	00:38:50
8	304 Karen	Murphy	Barnet & District AC	00:40:22
14	1249 Nicola	Froud	Barnet & District AC	00:42:15
29	1074 Heather	Dawson	Barnet & District AC	00:47:46

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12	749 Jo	Laing	Fairlands Valley Spartans	00:41:31
16	676 Kerry	James	Fairlands Valley Spartans	00:43:56
22	904 Claire	Pullen	Fairlands Valley Spartans	00:46:24
25	894 Nikki	Andrews	Fairlands Valley Spartans	00:46:55

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